



INTERNATIONAL ASSOCIATION OF STEM CELL & REGENERATIVE MEDICINE

Longevity Revolution 2026

11th IASRM World Congress



SCIENTIFIC PROGRAMME

25 – 27 September 2026

The Lalit · Barakhamba Road · New Delhi

Founder: Prabhu Chandra Mishra

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THE CONGRESS

At a Glance

82	Faculty in the programme
58	National faculty
16	International, on site
08	International, live online
03	Hands-on workshops, 20 seats each
12	Minutes per podium talk
18	Scientific sessions across two days

IF YOU ARE PRESENTING

Speaker Instructions & Congress Notices

Presentations

To the audio-visual counter on the morning of your lecture, at least two hours before your session. Personal laptops are not permitted at the podium.

File format

PowerPoint (.pptx) or PDF, 16:9, fonts embedded. Supply video files separately.

Timing

Podium 12 minutes · invited guest lecture 15 · keynote 20. Chairs will close the podium on time.

Halls

Speakers and chairs seated ten minutes before the session begins.

Recording

All lectures are recorded for the scientific proceedings and may be published on the IASRM channel. Presenting constitutes consent.

Disclosure

Declare any commercial interest on your opening slide.

Patient material

Written consent is required before any identifiable image, video or case detail is shown.

Claims

No promotion of unapproved products. Say so on the slide where a therapy is off-label or investigational.

Changes

The version displayed at the registration desk is the operative one.



FRIDAY · 25 SEPTEMBER 2026

Day Zero · Pre-Congress Workshops

Pre-Congress Workshops · run in sequence, not in parallel · twenty seats each

BEYOND BOUNDARIES Beyond Boundaries

8:45 – 10:00 AM · LIVE ONLINE

DELIVERED LIVE ONLINE INTO THE HALL

Dr Annalisa Calisti

Plasma Secretomes and Applications

Dr Carolyn De Lucia

Exosomes and their Applications

Dr Neeraj Kohli

PRP and regenerative technologies for the treatment of pelvic floor dysfunction

Dr Khaled Othman

B-Shot and BP-Shot for Erectile Dysfunction Treatment

Dr Khaled Othman

Botox for Androgenic Alopecia and Hair Loss

WORKSHOP ONE PRP & Exosomes

10:00 AM – 1:00 PM · CAPPED AT 20

CONVENERS · Dr Sini Venugopal · Dr Manish Mahajan

Prabhu Chandra Mishra

PRP & Exosomes Preparation Methods

Dr Leroy Rebello

Skin and Hair Rejuvenation with Autologous Exosome Therapy

Dr Anna Peca

Impact of L-PRP on fat graft survival in plastic surgery

Dr Neharika Malhotra

Regenerative functional gynaecology – an overview

Dr Noha Salah

Exosomes in vaginal rejuvenation

Dr Suyesha Khanijao

PRP in Lichen Sclerosus

Dr Utkarsha Agarwal

Ovarian Ageing and Female Longevity: Can We Decode and Rewind the Ovarian Biological Clock?

1:00 PM

Lunch · thirty minutes

WORKSHOP TWO PDO Threads & Energy-Based Devices

1:30 – 3:15 PM · CAPPED AT 20

CONVENERS · Dr Neharika Malhotra · Dr Mahima Kak Nagpal

Dr Ljubiša Grujić

Threads & Their Application

Dr Poonam Mishra

Practical Demonstration of Threads

Dr Doaa Saleh

Threads – recorded video demonstration of methods

Dr Nidhi Jha

Radiofrequency & HIFEM in SUI, GSM and Vaginal Laxity

Dr Mahima Kak Nagpal

Pelvic Floor Management

Dr Nasreen Siddiqui

HIFU and the Future of Regenerative Gynaecology: Collagen Remodelling and Beyond

Dr Ruchi Tandon

Vaginismus, Vulvodynia, Vestibulitis and Pelvic Pain Disorders – Management

Dr Lavanya Kiran

Injectable Nutraceuticals Enhance Fertility Results

WORKSHOP THREE Nutritional IV Therapies & Anti-Ageing

3:15 – 5:00 PM · CAPPED AT 20

CONVENERS · Dr Swagata Baishya · Dr Nasreen Siddiqui

Dr Lenny Da Costa

Nutraceutical IV Therapies in Longevity

Dr Sandeep Bhasin

EBOO & Ozone Therapy in Anti-Ageing & Longevity

Dr Nahla El Awady

Hormones and Longevity

Dr Swagata Baishya

Regenerative Medicine in Ovarian Rejuvenation



SATURDAY · 26 SEPTEMBER 2026

Day One · Scientific Sessions

Scientific Sessions · podium 12 minutes · guest lecture 15 · keynote 20

8:00 AM Registration & Welcome Coffee

SESSION 1

Beyond Borders

Surgery & Peptides - live online

8:30 – 9:00 AM

DELIVERED LIVE ONLINE

8:30 Dr Red M. Alinsod
Surgical Overview of Aesthetic Gynaecology

8:45 Dr Adrian Gaspar
Peptide Therapies and Longevity

SESSION 2

The Vulvovaginal Spectrum

Aesthetics, Pain & Sexual Health

9:00 – 9:36 AM

CHAIRS · Dr Ksenija Selih Martinec · Dr Yukti Wadhawan · Dr Manish Mahajan · Dr Sini Venugopal

9:00 Dr Yogita Gautam
Genital Peel in Perineal Whitening and in Cosmetic Gynaecology

9:12 Dr Madhuri Samudrala
Integrative and Lifestyle Medicine in Intimate and Sexual Health

9:24 Dr Sandhya Vasani
Labiaplasty – Innovative Methods

SESSION 3

Signals of Ageing

Fillers, Chronic Pain & Biological Age

9:36 – 10:00 AM

CHAIRS · Dr Ksenija Selih Martinec · Dr Yukti Wadhawan · Dr Manish Mahajan · Dr Sini Venugopal

9:36 Dr Geoffrey Vaz
HA Filler Biorevitalisation – Tips and Tricks

9:48 Dr Minal Chandra
The Longevity Cost of Chronic Pain: Is Pain a Biomarker of Biological Aging?

MORNING KEYNOTE

Pathways of Ageing and Human Longevity

The morning keynote lecture - twenty minutes

10:00 – 10:20 AM

10:00 Prof Patrick Treacy
Pathways of Ageing and Human Longevity

KEYNOTE LECTURE

SESSION 4

Regeneration Across Tissues

Skin, Endometrium & Pelvic Floor

10:30 – 11:30 AM

CHAIRS · Dr Neeraj Kohli · Dr Swagata Baishya · Dr Nidhi Jha · Dr Jitender Behera

10:30 Dr Gaurav Narad
Beyond Skin Grafting: Regenerative Medicine in Modern Burn Surgery

10:42 Dr Anna Peca
The Role of Functional Medicine in Regenerative Aesthetics

10:54 Dr Rita Bakshi
PRP in Refractory Endometrium

11:06 Dr Vidya Pancholia
FMS Therapy: Twelve Years of Experience from Incontinence to Vaginismus



GUEST LECTURES

Distinguished Guest Lectures

Invited guest lectures · 15 minutes each

11:30 AM – 12:00 PM

CHAIRS · Dr Vidya Pancholia · Dr Narendra Malhotra

11:30 **Padma Shri Awardee Dr Manjula Anagani**
Regenerative Medicine in Perinatology

11:45 **Dr Jaydeep Malhotra**
Body Shaming; Cosmetic Issues

KEYNOTE FORUM

Ageing, Regeneration & Intimacy

Keynotes · 20 minutes each

12:00 – 1:00 PM

CHAIRS · Dr Lenny Da Costa · Dr Manjula Anagani · Dr Ksenija Selih Martinec · Dr Cosmina Brümmer Le Roux

12:00 **Dr Narendra Malhotra**
Decoding Ageing – The Future

12:20 **Prabhu Chandra Mishra**
Regenerative Medicine – PRP, Secretomes & Exosomes: How to Choose in Aesthetic Gynaecology

12:40 **Dr Raj Brahmbhatt**
Sex, Science & Sweetie

1:00 PM **Inauguration & Lamp Lighting · Guest of Honour Prof. Parmanand, Vice Chancellor, Sharda University, Agra**

1:30 PM **Lunch**

2:00 PM **Platinum Sponsors Talk · Industry Session**

SESSION 5

Drivers of Ageing

Markers, Hidden Infections & Mind–Body Biology

2:30 – 3:30 PM

CHAIRS · Dr Doaa Saleh · Dr Anjali Hooda · Dr Janira Kumari · Dr Neharika Malhotra

2:30 **Dr Kumudhini Subramanian**
Exosomes – Hype and Science in Skin and Hair Restoration

2:42 **Dr Kalpana Shekhawat**
Latent Infections: The Overlooked Dimension of Chronic Diseases

2:54 **Dr Samatha Tulla**
Integrating Multiomics and Longevity Medicine to Extend Healthy Lifespan

3:06 **Dr Sanjay Sachdeva**
Your Body Listens to You: How Thoughts Change Your Longevity Biology

3:18 **Dr Shirley A Dsouza**
Bioregulators in Longevity Medicine



SESSION 6

The Functional Medicine Core

Biomarkers, Peptides & Gut Health

3:30 – 4:30 PM

CHAIRS · Dr Sanjay Sachdeva · Dr I N Prathyusha · Dr Sini Venugopal · Dr Saurabh K Gupta

- 3:30 **Dr Arjun Dang**
The SAMOSA Framework: Personalising Longevity Through Biomarkers
- 3:42 **Dr Anjali Hooda**
Peptide Therapeutics in Longevity and Anti-Ageing
- 3:54 **Dr Vishakha Shivdashani**
Gut Health and its Role in Longevity
- 4:06 **Dr Lenny Da Costa**
Functional Medicine Framework: Restoring Balance and Resilience
- 4:18 **Questions & discussion**
Moderated by the chair

SESSION 7

Regenerating the Female Pelvis

GSM, Endometrium & Ovary

4:30 – 5:30 PM

CHAIRS · Dr Raj Brahmabhatt · Dr Swapnita Hota · Dr Manjula Anagani · Dr Yogita Gautam

- 4:30 **Dr Poonam Mishra**
Cosmetic Gynaecology – Is It a Need for Everyone?
- 4:42 **Dr Ragini Agrawal**
GSM, Lichen Sclerosus and Vaginal Atrophy – A Novel Approach to Management
- 4:54 **Dr Manish Mahajan**
Autologous Bone Marrow Stem Cells in Asherman Syndrome, Endometrial Regeneration and Premature Ovarian Failure
- 5:06 **Dr Lila Vyas**
Beyond the BMI: From Weight Management to Pelvic, Vaginal and Sexual Wellness
- 5:18 **Questions & discussion**
Moderated by the chair

5:30 – 6:30 PM

Plenary Panel · Longevity, Anti-Ageing & Functional Medicine

Moderator Dr Narendra Malhotra · Co-Moderator Dr Swagata Baishya

Dr Vishakha Shivdashani
Prabhu Chandra Mishra
Dr Sarthak Bakshi
Prof Patrick Treacy

Dr Anjali Hooda
Dr Lenny Da Costa
Dr Samatha Tulla
Dr Shirley A Dsouza

Dr Anna Peca
Dr Gaurav Narad
Dr Vandana Bansal

6:30 PM **Rapid Fire Free Papers · six papers, five minutes each**

7:00 PM **Felicitation & IASRM Excellence Award Ceremony**

8:00 PM **IASRM Fellowship Convocation Ceremony**

9:00 PM **Gala Dinner & Networking**



SUNDAY · 27 SEPTEMBER 2026

Day Two · Scientific Sessions

Scientific Sessions · closing with the valedictory

SESSION 1

The World Dials In

Hormones, Cell Therapies & Pelvic Floor · nearly-live online

8:00 – 8:40 AM

8:00 Dr Selena Lalji

Hormones, Sexual Health & Longevity: An Integrated Approach to Menopause, Andropause and Midlife Vitality

8:20 Dr Martha Gabriela Serrano Ramos

Nanofat, SVF, Exosomes and Fibroblasts: A Combinational Approach from Augmentation to Revitalisation

SESSION 2

New Frontiers

Fertility, Lasers, AI & Organ Regeneration · extended session, 15 minutes each

8:45 – 10:30 AM

CHAIRS · Dr Swagata Baishya · Dr Nasreen Siddiqui · Dr Neharika Malhotra · Dr Manish Mahajan

8:45 Dr Swapnita Hota

The Role of Vitamin D in Regenerative Medicine

9:00 Dr Ananthalakshmi

Artificial Intelligence in Regenerative Gynaecology

9:15 Dr Tejashwini Sansur

1470 nm Diode Laser in Aesthetic & Functional Gynaecology

9:30 Dr I N Prathyusha

Future of Fertility: From Stem Cells to Bioengineered Gametes

9:45 Dr Amrita Saha

PRP in Cervical Erosion

10:00 Dr Shraddha Goel

Next-Generation Vulvovaginal Rejuvenation: A Multimodal Strategy Combining Surgery, Energy-Based Devices and Regenerative Medicine

10:15 Dr Anil Arora

Stem Cells & Regenerative Therapies in Liver Diseases

SESSION 3

The International Session

Menopause, Hormones & Regenerative Aesthetics

10:30 – 11:30 AM

CHAIRS · Dr Yukti Wadhawan · Dr Noha Salah · Dr Gaurav Narad · Dr Nahla El Awady

10:30 Dr Cosmina Brümmer Le Roux

Regenerative Treatments in Female Genital Aesthetic and Functional Disorders

10:42 Dr Adelina Varcui

Modern Menopause Management: From Hormone Therapy to Regenerative Medicine and Healthy Ageing

10:54 Dr Ljubiša Grujic

3D Meso Threads in Aesthetic & Regenerative Medicine

11:06 Dr Bertok Ildiko

BHRT in Perimenopause

11:18 Questions & discussion

Moderated by the chair



SESSION 4

The Interventional Toolkit

Threads, Lasers, Cells & Sexual Function

11:30 AM – 12:30 PM

CHAIRS · Dr Raj Brahmabhatt · Dr Veronica Stanciu · Dr Mahima Kak Nagpal · Dr I N Prathyusha

11:30 Dr Ksenija Selih Martinec

Threads in Functional and Aesthetic Gynaecology

11:42 Dr Masoumeh Majidi Zolbin

Beyond Surgery: Harnessing Mesenchymal Stem Cells to Combat Intrauterine Adhesions

11:54 Dr Neeraj Kohli

To be confirmed

12:06 Dr Doaa Saleh

Female Sexual Dysfunction and Management

12:18 Dr Sweta Agarwal

Lasers in Aesthetic Gynaecology

SESSION 5

Longevity in Practice

Whole-Person Care & Pelvic Health

12:30 – 1:30 PM

CHAIRS · Dr Anna Peca · Dr Aditi Tandon · Dr Lila Vyas · Dr Nidhi Jha

12:30 Dr Arpit Bansal

Longevity: A 360-Degree Approach

12:42 Dr Daryl Joel Dumdum

Stem Cell Therapy, Immunotherapy (NK), Cancer Interception, Gene Therapy & Bioengineering

12:54 Prabhu Chandra Mishra

Anti-Ageing, Longevity & Regenerative Medicine

1:06 Dr Yukti Wadhawan

Radiofrequency, EMS and Advances in SUI & Pelvic Disorders

1:18 Questions & discussion

Moderated by the chair

1:30 PM

Lunch

SESSION 6

Beyond the Single Modality

Oxygen, Mind & Multimodal Rejuvenation

2:00 – 3:00 PM

CHAIRS · Dr Sarthak Bakshi · Dr Amrita Saha · Dr Sanjay Pandey · Dr Adelina Varcu

2:00 Dr Sandeep Bhasin

HBOT Therapies in Longevity & Functional Medicine

2:12 Dr Aditi Tandon

Botox in Vaginismus

2:24 Dr Debashish Sarkar

Beyond PRP: The Emerging Role of Exosomes and Stem Cells in Ovarian Rejuvenation

2:36 Dr Priyamvada Dua

Neurocognition, Plasticity and Psychotherapy

2:48 Palash Kanwar

AI in Regenerative Health & Wellness



SESSION 7

Regeneration Across the Lifespan

From Childhood to Andrology

3:00 – 4:00 PM

CHAIRS · Dr Noha Salah · Dr Janira Kumari · Dr Leroy Rebello · Dr Shraddha Goel

3:00 Dr Sini Venugopal

Sleep and Longevity

3:12 Dr Sunil Jindal

Regenerative Cosmetic Andrology – Future Perspectives

3:24 Prof Dr Shilpa Sharma

Regeneration in Childhood: From Cells to Cures – Transforming the Future of Paediatric Surgery

3:36 Dr Sanjay Pandey

Overactive Bladder and Management

3:48 Questions & discussion

Moderated by the chair

SESSION 8

The Wider Reach

Ocular Regeneration & Thyroid Longevity · 15 minutes each

4:00 – 4:30 PM

CHAIRS · Dr Ananthalakshmi · Dr Nasreen Siddiqui

4:00 Dr Janira Kumari

Beyond Dry Eye: Clinical Applications of Autologous Exosome Therapy in Ocular Regeneration

4:15 Dr Rashmitha Valmiki

Beyond TSH: A Personalised Approach to Hashimoto's in Longevity Medicine

4:30 PM

Closing Remarks & Valedictory

Programme correct as of 14 August 2026. Session titles, speaker allocation and presentation topics remain subject to confirmation by the Scientific Committee; the version displayed at the registration desk is the operative one.