



INTERNATIONAL ASSOCIATION OF STEM CELL
& REGENERATIVE MEDICINE



CONGRESS PASSPORT

Longevity Revolution 2026

11th IASRM World Congress

25 - 27 SEPTEMBER 2026

THIS PASSPORT BELONGS TO



Longevity Revolution 2026

11th IASRM World Congress

*This volume is your programme, your speaker
directory and your record of the congress.
Carry it. Write in it. It is designed to still
be useful long after the 27th.*

ISSUED BY IASRM · NEW DELHI

Founder: Prabhu Chandra Mishra

A MESSAGE FROM THE FOUNDER PRESIDENT

Welcome

I It is my privilege to welcome you to New Delhi for the eleventh IASRM World Congress.

When we first convened this field in 2014, regenerative medicine in India was a subject you had to defend before you could discuss it. Twelve years on, eighty-two faculty from across the world are in this building, and the question has changed. It is no longer whether these therapies belong in practice. It is which of them we can honestly stand behind.

Three days will not settle that. They can move it. Ask the difficult question in the discussion. Bring the case that did not work. Enrol your centre in the registry if you mean it, and tell us where we are wrong.

Thank you for making the journey. This congress is yours.

Prabhu Chandra Mishra

Founder of IASRM, running the Longevity & Regenerative Medicine conferences since 2014

WELCOME

A Working Room

This is the eleventh time we have convened this field. We began in 2014, when regenerative medicine in India was a subject you had to defend before you could discuss it, and held the country's first longevity congress in 2022.

Longevity is now a market as much as a discipline, and the claims have started to outrun the evidence. That is why this congress is built the way it is: talks held to twelve minutes, workshops capped at twenty, and a registry that turns everyday practice into evidence.

Talks held to twelve minutes. Workshops capped at twenty. A registry that turns everyday practice into evidence.

THE CONGRESS

At a Glance

82 Faculty in the programme

58 National faculty

16 International, on site

08 International, live online

03 Hands-on workshops, 20 seats each

12 Minutes per podium talk

19 Scientific sessions across two days

FORMAT

Twelve Minutes

Every podium talk is held to twelve minutes and every keynote to twenty. Each session carries four speakers, four chairpersons and twelve minutes of open questions.

The constraint is deliberate. A twelve-minute limit removes the introduction, the institutional slide and the recap, and leaves the finding. It also means the discussion is longer than the lecture, which is where the useful part of a congress actually happens.

IF YOU CHAIR A SESSION

Please hold the clock. It is the single courtesy the next speaker and the whole room depend on.

COFFEE RUNS CONTINUOUSLY · NO FIXED TEA BREAKS

THREE DAYS

The Shape of It

25 SEPTEMBER

Pre-Congress Workshops

A live online session at 8:45, then three hands-on workshops, twenty seats each, in sequence from 10:00 AM to 5:00 PM, with lunch at 1:00 PM.

26 SEPTEMBER

Scientific Sessions

Six sessions, the guest lectures and the Keynote Forum. Inauguration and lamp lighting 1:00 PM. Evening: awards, convocation and the Gala Dinner.

27 SEPTEMBER

Scientific Sessions

Eight sessions across international, interventional and functional tracks. Closing remarks and the valedictory.

IF YOU ARE PRESENTING

At the Podium

Presentations

To the audio-visual counter on the morning of your lecture, at least two hours before your session. Personal laptops are not permitted at the podium.

File format

PowerPoint (.pptx) or PDF, 16:9, fonts embedded. Supply video files separately.

Timing

Podium 12 minutes · invited guest lecture 15 · keynote 20. Chairs will close the podium on time.

Halls

Speakers and chairs seated ten minutes before the session begins.

IF YOU ARE PRESENTING

On the Slide

Recording

All lectures are recorded for the scientific proceedings and may be published on the IASRM channel. Presenting constitutes consent.

Disclosure

Declare any commercial interest on your opening slide.

Patient material

Written consent is required before any identifiable image, video or case detail is shown.

Claims

No promotion of unapproved products. Say so on the slide where a therapy is off-label or investigational.

Changes

The version displayed at the registration desk is the operative one.



DAY ZERO

25 September

Friday · Pre-Congress Workshops



8:45 · Beyond Boundaries — live online

10:00 · Workshop 1 — PRP & Exosomes

1:00 · Lunch

1:30 · Workshop 2 — PDO Threads & Devices

3:15 · Workshop 3 — Nutritional IV Therapies

Run in sequence, not in parallel · twenty seats each



THE LALIT · BARAKHAMBA ROAD · NEW DELHI

DAY ZERO · 25 SEPTEMBER

Beyond Boundaries

Secretomes, Pelvic Floor, Erectile Function & Hair

8:45 – 10:00 AM

LIVE ONLINE

Delivered live online into the hall

8:45 – 9:00 AM

Dr Annalisa Calisti

Plasma Secretomes and Applications

9:00 – 9:15 AM

Dr Carolyn De Lucia

Exosomes and their Applications

9:15 – 9:30 AM

Dr Neeraj Kohli

PRP and regenerative technologies for the treatment of pelvic floor dysfunction

9:30 – 9:45 AM

Dr Khaled Othman

B-Shot and BP-Shot for Erectile Dysfunction Treatment

9:45 – 10:00 AM

Dr Khaled Othman

Botox for Androgenic Alopecia and Hair Loss

WORKSHOP ONE · 25 SEPTEMBER

PRP & Exosomes

10:00 AM – 1:00 PM · CAPPED AT 20 DELEGATES

CONVENERS

Dr Sini Venugopal · Dr Manish Mahajan

FACULTY

Prabhu Chandra Mishra

PRP & Exosomes Preparation Methods

Dr Leroy Rebello

Skin and Hair Rejuvenation with Autologous Exosome Therapy

Dr Anna Peca

Impact of L-PRP on fat graft survival in plastic surgery

Dr Neharika Malhotra

Regenerative functional gynaecology – an overview

Dr Noha Salah

Exosomes in vaginal rejuvenation

Dr Suyesha Khanijao

PRP in Lichen Sclerosus

Dr Utkarsha Agarwal

Ovarian Ageing and Female Longevity: Can We Decode and Rewind the Ovarian Biological Clock?

WORKSHOP TWO · 25 SEPTEMBER

PDO Threads & Energy-Based Devices

1:30 – 3:15 PM · CAPPED AT 20 DELEGATES

CONVENERS

Dr Neharika Malhotra · Dr Mahima Kak Nagpal

FACULTY

Dr Ljubiša Grujic

Threads & Their Application

Dr Poonam Mishra

Practical Demonstration of Threads

Dr Doaa Saleh

Threads – recorded video demonstration of methods

Dr Nidhi Jha

Radiofrequency & HIFEM in SUI, GSM and Vaginal Laxity

Dr Mahima Kak Nagpal

Pelvic Floor Management

Dr Nasreen Siddiqui

HIFU and the Future of Regenerative Gynaecology: Collagen Remodelling and Beyond

Dr Ruchi Tandon

Vaginismus, Vulvodynia, Vestibulitis and Pelvic Pain Disorders – Management

Dr Lavanya Kiran

Injectable Nutraceuticals Enhance Fertility Results

WORKSHOP THREE · 25 SEPTEMBER

Nutritional IV Therapies & Anti-Ageing

3:15 - 5:00 PM · CAPPED AT 20 DELEGATES

CONVENERS

Dr Swagata Baishya · Dr Nasreen Siddiqui

FACULTY

Dr Lenny Da Costa

Nutraceutical IV Therapies in Longevity

Dr Sandeep Bhasin

EBOO & Ozone Therapy in Anti-Ageing & Longevity

Dr Nahla El Awady

Hormones and Longevity

Dr Swagata Baishya

Regenerative Medicine in Ovarian Rejuvenation



DAY ONE

26 September

Saturday · Scientific Sessions

Registration and welcome coffee from 8:00
Inauguration and lamp lighting at 1:00 PM
Awards, convocation and gala from 7:00 PM

THE LALIT · BARAKHAMBA ROAD · NEW DELHI

DAY ONE · SATURDAY 26 SEPTEMBER

Morning

8:00	Registration & Welcome Coffee
8:30	Session 1 · Beyond Borders — live online
9:00	Session 2 · The Vulvovaginal Spectrum
9:36	Session 3 · Signals of Ageing
10:00	Morning Keynote · Prof Patrick Treacy
10:30	Session 4 · Regeneration Across Tissues
11:30	Distinguished Guest Lectures
12:00	Keynote Forum · Ageing, Regeneration & Intimacy
1:00	Inauguration & Lamp Lighting · Prof. Parmanand
1:30	Lunch

DAY ONE · SATURDAY 26 SEPTEMBER

Afternoon & Evening

-
- 2:00 Platinum Sponsors Talk · industry session
-
- 2:30 Session 5 · Drivers of Ageing
-
- 3:30 Session 6 · The Functional Medicine Core
-
- 4:30 Session 7 · Regenerating the Female Pelvis
-
- 5:30 Plenary Panel · Longevity, Anti-Ageing & Functional Medicine
-
- 6:30 Rapid Fire Free Papers · six papers, five minutes each
-
- 7:00 Felicitation & IASRM Excellence Award Ceremony
-
- 8:00 IASRM Fellowship Convocation Ceremony
-
- 9:00 Gala Dinner & Networking
-

DAY ONE · SESSION 1 · NEARLY-LIVE ONLINE

Beyond Borders

Surgery & Peptides

8:30 – 9:00 AM

DELIVERED LIVE ONLINE

8:30 AM

Dr Red M. Alinsod

Surgical Overview of Aesthetic Gynaecology

8:45 AM

Dr Adrian Gaspar

Peptide Therapies and Longevity

DAY ONE · SESSION 2

The Vulvovaginal Spectrum

Aesthetics, Pain & Sexual Health

9:00 – 9:36 AM

CHAIRPERSONS & PANELLISTS

Dr Ksenija Selih Martinec · Dr Yukti Wadhawan
Dr Manish Mahajan · Dr Sini Venugopal

9:00 AM

Dr Yogita Gautam

Genital Peel in Perineal Whitening and in Cosmetic Gynaecology

9:12 AM

Dr Madhuri Samudrala

Integrative and Lifestyle Medicine in Intimate and Sexual Health

9:24 AM

Dr Sandhya Vasan

Labiaplasty – Innovative Methods

DAY ONE · SESSION 3

Signals of Ageing

Fillers, Chronic Pain & Biological Age

9:36 – 10:00 AM

CHAIRPERSONS & PANELLISTS

Dr Ksenija Selih Martinec · Dr Yukti Wadhawan
Dr Manish Mahajan · Dr Sini Venugopal

9:36 AM

Dr Geoffrey Vaz

HA Filler Biorevitalisation – Tips and Tricks

9:48 AM

Dr Minal Chandra

The Longevity Cost of Chronic Pain: Is Pain a Biomarker of Biological Aging?

DAY ONE · 26 SEPTEMBER · MORNING KEYNOTE

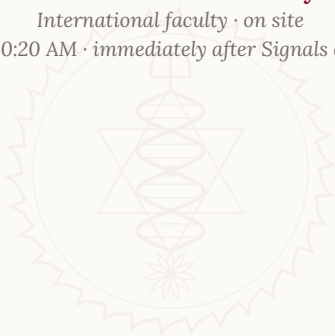
Pathways of Ageing and Human Longevity

The morning keynote lecture

— ◆ —
Prof Patrick Treacy

International faculty · on site

10:00 – 10:20 AM · immediately after *Signals of Ageing*



TWENTY MINUTES · KEYNOTE LECTURE

DAY ONE · SESSION 4

Regeneration Across Tissues

Skin, Endometrium & Pelvic Floor

10:30 – 11:30 AM

CHAIRPERSONS & PANELLISTS

Dr Neeraj Kohli · Dr Swagata Baishya · Dr Nidhi Jha
Dr Jitender Behera

10:30 AM

Dr Gaurav Narad

Beyond Skin Grafting: Regenerative Medicine in Modern Burn Surgery

10:42 AM

Dr Anna Peca

The Role of Functional Medicine in Regenerative Aesthetics

10:54 AM

Dr Rita Bakshi

PRP in Refractory Endometrium

11:06 AM

Dr Vidya Pancholia

FMS Therapy: Twelve Years of Experience from Incontinence to Vaginismus

DAY ONE · SESSION G · INVITED GUEST LECTURES · 15 MINUTES EACH

Distinguished Guest Lectures

11:30 AM - 12:00 PM

CHAIRPERSONS & PANELLISTS

Dr Vidya Pancholia · Dr Narendra Malhotra

11:30 - 11:45 AM

Padma Shri Awardee Dr Manjula Anagani

Regenerative Medicine in Perinatology

11:45 AM - 12:00 PM

Dr Jaydeep Malhotra

Body Shaming: Cosmetic Issues

DAY ONE · KEYNOTE FORUM · 20 MINUTES EACH

Ageing, Regeneration & Intimacy

12:00 – 1:00 PM

CHAIRPERSONS & PANELLISTS

Dr Lenny Da Costa · Dr Manjula Anagani · Dr Ksenija Selih
Martinec · Dr Cosmina Brümmer Le Roux

12:00 – 12:20 PM

Dr Narendra Malhotra

Decoding Ageing – The Future

12:20 – 12:40 PM

Prabhu Chandra Mishra

Regenerative Medicine – PRP, Secretomes & Exosomes: How to Choose in Aesthetic Gynaecology

12:40 – 1:00 PM

Dr Raj Brahmbhatt

Sex, Science & Sweetety

KEYNOTE · 26 SEPTEMBER · 12:20 PM

Regenerative Medicine — PRP, Secretomes & Exosomes

How to Choose in Aesthetic Gynaecology

Prabhu Chandra Mishra

Five preparations sit on the same trolley — LR-PRP, LP-PRP, PRF, SVF and MFAT, and the conditioned media sold as exosomes. They are not interchangeable, and the literature that supports one does not transfer to another.

The lecture works through composition, dose and the six preparation variables that decide what is actually in the syringe, then gives an indication-to-modality matrix, the evidence tier for each, and the consent and claims language that has to accompany them.

TWENTY MINUTES · KEYNOTE FORUM

26 SEPTEMBER · 1:00 – 1:30 PM

Inauguration

*Lamp lighting and the formal opening of the 11th IASRM
World Congress.*

GUEST OF HONOUR

Prof. Parmanand

Vice Chancellor, Sharda University, Agra

THE KEYNOTE FORUM PRECEDES AT 12:00

Dr Narendra Malhotra

Decoding Ageing – The Future

Prabhu Chandra Mishra

PRP, Secretomes & Exosomes

Dr Raj Brahmbhatt

Sex, Science & Sweety

*Lunch 1:30 – 2:00 PM. The Platinum Sponsors Talk opens the
afternoon at 2:00 PM.*

DAY ONE · SESSION 5

Drivers of Ageing

Markers, Hidden Infections & Mind–Body Biology

2:30 – 3:30 PM

CHAIRPERSONS & PANELLISTS

Dr Doaa Saleh · Dr Anjali Hooda · Dr Janira Kumari
Dr Neharika Malhotra

2:30 PM

Dr Kumudhini Subramanian

Exosomes – Hype and Science in Skin and Hair Restoration

2:42 PM

Dr Kalpana Shekhawat

Latent Infections: The Overlooked Dimension of Chronic Diseases

2:54 PM

Dr Samatha Tulla

Integrating Multiomics and Longevity Medicine to Extend Healthy Lifespan

3:06 PM

Dr Sanjay Sachdeva

Your Body Listens to You: How Thoughts Change Your Longevity Biology

3:18 PM

Dr Shirley A Dsouza

Bioregulators in Longevity Medicine

DAY ONE · SESSION 6

The Functional Medicine Core

Biomarkers, Peptides & Gut Health

3:30 - 4:30 PM

CHAIRPERSONS & PANELLISTS

Dr Sanjay Sachdeva · Dr I N Prathyusha
Dr Sini Venugopal · Dr Saurabh K Gupta

3:30 PM

Dr Arjun Dang

The SAMOSA Framework: Personalising Longevity Through Biomarkers

3:42 PM

Dr Anjali Hooda

Peptide Therapeutics in Longevity and Anti-Ageing

3:54 PM

Dr Vishakha Shivdashani

Gut Health and its Role in Longevity

4:06 PM

Dr Lenny Da Costa

Functional Medicine Framework: Restoring Balance and Resilience

DAY ONE · SESSION 7

Regenerating the Female Pelvis

GSM, Endometrium & Ovary

4:30 – 5:30 PM

CHAIRPERSONS & PANELLISTS

Dr Raj Brahmbhatt · Dr Swapnita Hota
Dr Manjula Anagani · Dr Yogita Gautam

4:30 PM

Dr Poonam Mishra

Cosmetic Gynaecology – Is It a Need for Everyone?

4:42 PM

Dr Ragini Agrawal

GSM, Lichen Sclerosus and Vaginal Atrophy – A Novel Approach to Management

4:54 PM

Dr Manish Mahajan

Autologous Bone Marrow Stem Cells in Asherman Syndrome, Endometrial Regeneration and Premature Ovarian Failure

5:06 PM

Dr Lila Vyas

Beyond the BMI: From Weight Management to Pelvic, Vaginal and Sexual Wellness

26 SEPTEMBER · 5:30 - 6:30 PM · PLENARY

The Panel

Longevity, Anti-Ageing & Functional Medicine

MODERATOR

Dr Narendra Malhotra

CO-MODERATOR

Dr Swagata Baishya

PANELLISTS

Dr Vishakha Shivdashani

Dr Anjali Hooda

Dr Anna Peca

Prabhu Chandra Mishra

Dr Lenny Da Costa

Dr Gaurav Narad

Dr Sarthak Bakshi

Dr Samatha Tulla

Dr Vandana Bansal

Prof Patrick Treacy

*Questions from the floor are taken throughout. Rapid Fire Free
Papers follow at 6:30 PM.*

EVENING OF 26 SEPTEMBER

You Graduate

6:30 PM

Rapid Fire Free Papers

Six papers, five minutes each, selected by the Scientific Committee.

7:00 PM

IASRM Excellence Awards

Felicitations and the award ceremony.

8:00 PM

Fellowship Convocation

Fellows of the Stem Cell & Regenerative Medicine and the Anti-Ageing, Regenerative, Aesthetic & Functional Medicine programmes are conferred in person, on stage.

9:00 PM

Gala Dinner

Networking until 10:30 PM. Referral names are read here.



D A Y T W O

27 September

Sunday · Scientific Sessions



Eight sessions from 8:00 AM

Closing remarks at 4:30 PM

Handover to Longevity Revolution 2027



THE LALIT · BARAKHAMBA ROAD · NEW DELHI

DAY TWO · SUNDAY 27 SEPTEMBER

Running Order

8:00	Session 1 · The World Dials In — nearly-live online
8:45	Session 2 · New Frontiers — extended session
10:30	Session 3 · The International Session
11:30	Session 4 · The Interventional Toolkit
12:30	Session 5 · Longevity in Practice
1:30	Lunch
2:00	Session 6 · Beyond the Single Modality
3:00	Session 7 · Regeneration Across the Lifespan
4:00	Session 8 · The Wider Reach
4:30	Closing Remarks and the Valedictory

DAY TWO · SESSION 1 · NEARLY-LIVE ONLINE

The World Dials In

Hormones, Cell Therapies & Pelvic Floor

8:00 – 8:40 AM

DELIVERED LIVE ONLINE

8:00 – 8:20 AM

Dr Selena Lalji

Hormones, Sexual Health & Longevity: An Integrated Approach to Menopause, Andropause and Midlife Vitality

8:20 – 8:40 AM

Dr Martha Gabriela Serrano Ramos

Nanofat, SVF, Exosomes and Fibroblasts: A Combinational Approach from Augmentation to Revitalisation

DAY TWO · SESSION 2 · EXTENDED SESSION · 15 MINUTES EACH

New Frontiers

Fertility, Lasers, AI & Organ Regeneration

8:45 – 10:30 AM

CHAIRPERSONS & PANELLISTS

Dr Swagata Baishya · Dr Nasreen Siddiqui · Dr Neharika
Malhotra · Dr Manish Mahajan

8:45 – 9:00 AM

Dr Swapnita Hota

The Role of Vitamin D in Regenerative Medicine

9:00 – 9:15 AM

Dr Ananthalakshmi

Artificial Intelligence in Regenerative Gynaecology

9:15 – 9:30 AM

Dr Tejashwini Sansur

1470 nm Diode Laser in Aesthetic & Functional Gynaecology

9:30 – 9:45 AM

Dr I N Prathyusha

Future of Fertility: From Stem Cells to Bioengineered Gametes

DAY TWO · SESSION 2 · CONTINUED

New Frontiers

Fertility, Lasers, AI & Organ Regeneration

8:45 – 10:30 AM

9:45 – 10:00 AM

Dr Amrita Saha

PRP in Cervical Erosion

10:00 – 10:15 AM

Dr Shraddha Goel

Next-Generation Vulvovaginal Rejuvenation: A Multimodal Strategy Combining Surgery, Energy-Based Devices and Regenerative Medicine

10:15 – 10:30 AM

Dr Anil Arora

Stem Cells & Regenerative Therapies in Liver Diseases

DAY TWO · SESSION 3

The International Session

Menopause, Hormones & Regenerative Aesthetics

10:30 – 11:30 AM

CHAIRPERSONS & PANELLISTS

Dr Yukti Wadhawan · Dr Noha Salah · Dr Gaurav Narad · Dr
Nahla El Awady

10:30 – 10:42 AM

Dr Cosmina Brümmer Le Roux

Regenerative Treatments in Female Genital Aesthetic and Functional Disorders

10:42 – 10:54 AM

Dr Adelina Varcui

Modern Menopause Management: From Hormone Therapy to Regenerative Medicine and Healthy Ageing

10:54 – 11:06 AM

Dr Ljubiša Grujic

3D Meso Threads in Aesthetic & Regenerative Medicine

11:06 – 11:18 AM

Dr Bertok Ildiko

BHRT in Perimenopause

11:18 – 11:30 AM · *questions and discussion, moderated by the chair.*

DAY TWO · SESSION 4

The Interventional Toolkit

Threads, Lasers, Cells & Sexual Function

11:30 AM – 12:30 PM

CHAIRPERSONS & PANELLISTS

Dr Raj Brahmbhatt · Dr Veronica Stanciu · Dr Mahima Kak
Nagpal · Dr I N Prathyusha

11:30 – 11:42 AM

Dr Ksenija Selih Martinec

Threads in Functional and Aesthetic Gynaecology

11:42 – 11:54 AM

Dr Masoumeh Majidi Zolbin

Beyond Surgery: Harnessing Mesenchymal Stem Cells to Combat Intrauterine Adhesions

11:54 AM – 12:06 PM

Dr Neeraj Kohli

12:06 – 12:18 PM

Dr Doaa Saleh

Female Sexual Dysfunction and Management

12:18 – 12:30 PM

Dr Sweta Agarwal

Lasers in Aesthetic Gynaecology

DAY TWO · SESSION 5

Longevity in Practice

Whole-Person Care & Pelvic Health

12:30 – 1:30 PM

CHAIRPERSONS & PANELLISTS

Dr Anna Peca · Dr Aditi Tandon · Dr Lila Vyas · Dr Nidhi Jha

12:30 – 12:42 PM

Dr Arpit Bansal

Longevity: A 360-Degree Approach

12:42 – 12:54 PM

Dr Daryl Joel Dumdum

Stem Cell Therapy, Immunotherapy (NK), Cancer Interception, Gene Therapy & Bioengineering

12:54 – 1:06 PM

Prabhu Chandra Mishra

Anti-Ageing, Longevity & Regenerative Medicine

1:06 – 1:18 PM

Dr Yukti Wadhawan

Radiofrequency, EMS and Advances in SUI & Pelvic Disorders

1:18 – 1:30 PM · questions and discussion, moderated by the chair.

DAY TWO · SESSION 6

Beyond the Single Modality

Oxygen, Mind & Multimodal Rejuvenation

2:00 – 3:00 PM

CHAIRPERSONS & PANELLISTS

Dr Sarthak Bakshi · Dr Amrita Saha · Dr Sanjay Pandey · Dr
Adelina Varciu

2:00 – 2:12 PM

Dr Sandeep Bhasin

HBOT Therapies in Longevity & Functional Medicine

2:12 – 2:24 PM

Dr Aditi Tandon

Botox in Vaginismus

2:24 – 2:36 PM

Dr Debashish Sarkar

Beyond PRP: The Emerging Role of Exosomes and Stem Cells in Ovarian Rejuvenation

2:36 – 2:48 PM

Dr Priyamvada Dua

Neurocognition, Plasticity and Psychotherapy

2:48 – 3:00 PM

Palash Kanwar

AI in Regenerative Health & Wellness

DAY TWO · SESSION 7

Regeneration Across the Lifespan

From Childhood to Andrology

3:00 – 4:00 PM

CHAIRPERSONS & PANELLISTS

Dr Noha Salah · Dr Janira Kumari · Dr Leroy Rebello · Dr
Shraddha Goel

3:00 – 3:12 PM

Dr Sini Venugopal

Sleep and Longevity

3:12 – 3:24 PM

Dr Sunil Jindal

Regenerative Cosmetic Andrology – Future Perspectives

3:24 – 3:36 PM

Prof Dr Shilpa Sharma

Regeneration in Childhood: From Cells to Cures – Transforming the Future of Paediatric Surgery

3:36 – 3:48 PM

Dr Sanjay Pandey

Overactive Bladder and Management

3:48 – 4:00 PM · *questions and discussion, moderated by the chair.*

DAY TWO · SESSION 8 · 15 MINUTES EACH

The Wider Reach

Ocular Regeneration & Thyroid Longevity

4:00 – 4:30 PM

CHAIRPERSONS & PANELLISTS

Dr Ananthalakshmi · Dr Nasreen Siddiqui

4:00 – 4:15 PM

Dr Janira Kumari

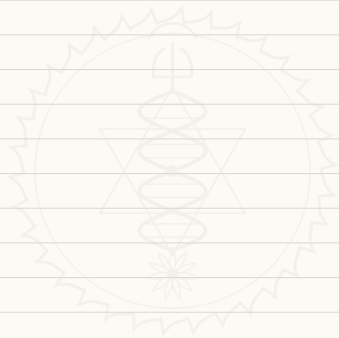
Beyond Dry Eye: Clinical Applications of Autologous Exosome Therapy in Ocular Regeneration

4:15 – 4:30 PM

Dr Rashmitha Valmiki

Beyond TSH: A Personalised Approach to Hashimoto's in Longevity Medicine

SESSION NOTES



ANNOUNCED AT THIS CONGRESS

The IASRM Registry

The IASRM Regenerative Longevity Registry opens here. Delegates are invited to enrol their centre as a founding participant, named in the published protocol.

- ◆ Consecutive cases, not selected ones
- ◆ Preparation, dose and characterisation recorded
- ◆ Outcomes at baseline, 3, 6 and 12 months
- ◆ Your practice becomes evidence

FOUNDING CENTRE NO.

OPEN CALLS

Take Part

The Null Session

Bring the case that did not work. Negative results, non-responders, protocols abandoned and why. Submissions close 10 September.

Ask the Faculty

Submit a live clinical problem with your registration. Selected cases are taken up by the panel on stage.

Refer a Colleague

Tell us who you sent. Names are read at the Gala Dinner on the 26th.

The Registry

Enrol your centre as a founding participant before you leave.

Congress Officials

Prabhu Chandra Mishra

Founder of IASRM, running the Longevity & Regenerative Medicine conferences since 2014

Dr Yukti Wadhawan

Secretary General, IASRM

Dr Red M. Alinsod

Scientific Chairman

Dr Adrian Gaspar

Scientific Co-Chairman

Dr Neharika Malhotra

Joint Secretary

Dr Sarthak Bakshi

Organising Secretary

Organising Team

Dr Swagata Baishya

Organising Member

Dr Nasreen Siddiqui

Organising Member

Dr Yogita Gautam

Organising Member

Dr Kumudhini Subramanian

Organising Team

Dr Tejashwini Sansur

Organising Team

Dr Sini Venugopal

Organising Team

Dr Swapnita Hota

Organising Team

Dr Tannu Gupta

Organising Team

Dr Utkarsha Agarwal

Organising Team

FACULTY

International

Dr Anna Peca

Dr Nahla El Awady

Dr Bertok Ildiko

Dr Gaurav Narad

Dr Ljubiša Grujic

Dr Noha Salah

Dr Cosmina Brümmer Le Roux

Dr Adelina Varcui

Dr Veronica Stanciu

Dr Doaa Saleh

Dr Masoumeh Majidi Zolbin

Dr Ksenija Selih Martinec

Dr Janira Kumari

Dr Daryl Joel Dumdum

Prof Patrick Treacy

Dr Shirley A Dsouza

Sixteen international faculty, on site in New Delhi.

FACULTY

National · I

Dr Narendra Malhotra

Dr Jaydeep Malhotra

Dr Ragini Agrawal

Dr Rita Bakshi

Dr Anil Arora

Dr Arjun Dang

Prof Dr Shilpa Sharma

Dr Manjula Anagani

Dr Samatha Tulla

Dr Madhuri Samudrala

Dr Sandhya Vasan

Dr Lenny Da Costa

Dr Leroy Rebello

Dr Swagata Baishya

Dr Saurabh K Gupta

Dr Nasreen Siddiqui

Dr Manish Mahajan

Dr Raj Brahmabhatt

Dr Sanjay Pandey

Dr Sunil Jindal

FACULTY

National · II

Dr Suyesha Khanijao

Dr Poonam Mishra

Dr Vandana Bansal

Dr Arpit Bansal

Dr Anjali Hooda

Dr Vishakha Shivdashani

Dr Kumudhini Subramanian

Dr Sanjay Sachdeva

Dr Nidhi Jha

Dr Mahima Kak Nagpal

Dr Priyamvada Dua

Dr Vidya Pancholia

Dr Kalpana Shekhawat

Dr Sarthak Bakshi

Dr Sini Venugopal

Dr Jitender Behera

Dr Lavanya Kiran

Dr Yukti Wadhawan

Prabhu Chandra Mishra

Dr Neharika Malhotra

FACULTY

National · III

Dr Sandeep Bhasin

Dr Yogita Gautam

Dr Shraddha Goel

Dr Lila Vyas

Dr I N Prathyusha

Dr Tejashwini Sansur

Dr Swapnita Hota

Dr Ananthalakshmi

Dr Aditi Tandon

Dr Ruchi Tandon

Dr Rashmitha Valmiki

Dr Debashish Sarkar

Dr Amrita Saha

Dr Sweta Agarwal

Dr Utkarsha Agarwal

Palash Kanwar

Dr Geoffrey Vaz

Dr Minal Chandra

Fifty-eight national faculty in the programme.

FACULTY

Live Online

Dr Red M. Alinsod

Dr Adrian Gaspar

Dr Carolyn De Lucia

Dr Annalisa Calisti

Dr Martha Gabriela Serrano Ramos

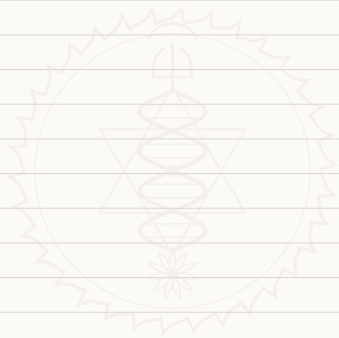
Dr Selena Lalji

Dr Neeraj Kohli

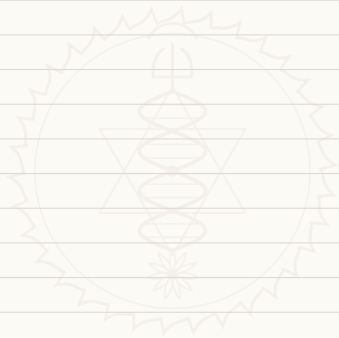
Dr Khaled Othman

Delivered nearly-live into the hall.

SESSION NOTES



SESSION NOTES



PEOPLE I MET

NAME

CITY · CONTACT · WHAT WE DISCUSSED

NAME

CITY · CONTACT · WHAT WE DISCUSSED

NAME

CITY · CONTACT · WHAT WE DISCUSSED

NAME

CITY · CONTACT · WHAT WE DISCUSSED

PEOPLE I MET

NAME

CITY · CONTACT · WHAT WE DISCUSSED

NAME

CITY · CONTACT · WHAT WE DISCUSSED

NAME

CITY · CONTACT · WHAT WE DISCUSSED

NAME

CITY · CONTACT · WHAT WE DISCUSSED

ATTENDANCE STAMPS

WORKSHOPS

DAY ONE

DAY TWO

CONVOCATION

CLOSING SESSION

REGISTRY

AFTER THE CONGRESS

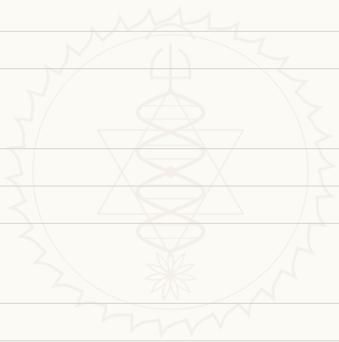
My Ninety Days

Three things you will change in your practice before the end of December. Write them here on the 27th, while it is still obvious.

01

02

03



TRAINING AFTER THE CONGRESS

IASRM Fellowships

Fellowship in Stem Cell & Regenerative Medicine

Stem cells, PRP, exosomes, secretomes, nanofat and SVF – preparation, characterisation and delivery, taught hands-on.

Fellowship in Anti-Ageing, Regenerative, Aesthetic & Functional Medicine

One year, hybrid. Five curriculum pillars across thirty-seven modules, sixteen days of hands-on sessions in New Delhi, and a mandatory original research paper submitted to a peer-reviewed journal.

BOTH PROGRAMMES INCLUDE

- ◆ Faculty drawn from across the world
- ◆ One-to-one mentorship, not lectures alone
- ◆ Assessed competence, not attendance
- ◆ Conferred on stage at the Convocation on the 26th

Prospectus and applications through the Secretariat.

28 - 30 SEPTEMBER

Master's Class

Regenerative Longevity & Functional Medicine

Three further days of structured, small-group teaching immediately after the congress — for physicians building a longevity practice rather than sampling one.

ACROSS THE THREE DAYS

Assessment, biomarkers and the longevity consultation

Biologics: preparation, dose and documentation

Peptides, hormones and metabolic protocols

Building the practice — consent, claims and follow-up

Limited intake. Applications through the Secretariat.

ASK AT THE REGISTRATION DESK

WITH THANKS TO OUR

Platinum Sponsors

BTL India

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AYUVA

Longevity, regenerative and functional medicine

*Platinum partners support the scientific programme, the
workshops and the congress bag you are holding.*

SECRETARIAT



*International Association of Stem Cell &
Regenerative Medicine*

www.iasrmglobal.org

+91 98104 18415

info@iasrmglobal.org

THE LALIT · BARAKHAMBA ROAD · NEW DELHI

Programme correct as of 10 August 2026. Session titles, speaker allocation and presentation topics remain subject to confirmation by the Scientific Committee; the version displayed at the registration desk is the operative one.



LONGEVITY REVOLUTION 2026

11TH IASRM WORLD CONGRESS



THE LALIT · NEW DELHI